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President's Report



The AGM Election is on Friday 22nd October and having been President for three years, I will be standing down. I having enjoyed this role very much and I hope that I have served ACMA well. In

particular I am pleased to see ACMA fulfilling its constitutional objectives of serving its members, and serving the community. It is also good to see membership increasing, especially of young members-who are the future of the Association.

After running for the ACMA Charitable Trust in the City to Surf, I now feel fit and hope to join in the Soccer Friendly Match against the AVHPA on Sunday

12th Sept. If you have time, please come along at 1.30pm to O'Neill Park at Yagoona and cheer our team on. Stay for refreshments.

Happy Mid-Autumn Festival.

Stephen Hing

ACMA Winter Buffet

This year, the ACMA Winter Buffet was held on the 29th of May at the Shangri-La Hotel in Sydney. Sixty six members, accompanied with family came and enjoyed themselves.

Members agreed that the seafood served was the freshest and most delicious. Also of note was a chocolate fountain, which was an immense hit with the children.

Coincidentally, the hotel had organized an Indonesian food night on the same night. As a bonus, we were able to sample a variety of

Indonesian dishes and desserts while being entertained by a display of Indonesian folk dancing.

This was a great opportunity for adults and kids to enjoy a relaxed meal and make new friends.

The photos (clockwise) show Ian and Victoria Quek, Justin Cheung, and Frank with Winnie Yan.



ACMA Charitable trust fundraising - City2Surf



ACMA City2Surf Team raises substantial monies for the ACMA Charitable Trust

On the 8th of August, the ACMA City2Surf Team completed the iconic 14km City to Bondi Beach Fun Run and raised a substantial amount for the ACMA Charitable Trust, thanks to the generous support of ACMA members and their friends.

The ACMA City2Surf Team, headed by our fearless and fit leader, Dr Stephen Hing, comprised of Hera Chan, Reg and Dorothy Leong, Ken Loi, Andrew Li, George Han, Andrew Sue, and Cathy Lam.

It was a great day, with excellent weather and beautiful blue sky. Everyone finished in good time, performing under two hours, with some stragglers (who will

remained forever unnamed – finishing close to three hours).

Many thanks as well to our corporate sponsors- Castlereagh Imaging Group and Douglass Hanley Moire Pathology, who donated very generously.

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Member Profile – Dr Cindy Pan



Dr Cindy Pan is a medical practitioner, writer and media spokesperson. She has had many years experience working in general practice as well as in sexual health and women's medicine. She has lectured, spoken and written extensively about health, lifestyle and relationship issues. Cindy

also enjoys working as a surgical assistant.

She is the author of the best-selling 'Pandora's Box - lifting the lid on life's little nasties' (HarperCollins), a humorous, information-packed book on health, relationships, sex and drugs, as well as 'Playing Hard to Get' (HarperCollins), a light-hearted guide to keeping relationships playful, rewarding and fun.

She writes for newspapers and magazines in Australia and Asia, including a weekly health column in 'Body and Soul' for Sunday papers all over Australia ('The Sunday Telegraph', 'The Sunday Herald Sun', 'Sunday Mail' and 'The Sunday Times')

and a regular column on relationships in 'Cleo' magazine in Asia.

She has appeared on television shows including 'Q and A', 'The Glasshouse', 'Sunrise', 'The Morning Show', 'Today Show', 'Mums and Bubs', 'The Panel', 'Beauty and the Beast', 'Joker Poker', 'The Super Debates', 'Hole in the Wall', 'Good Morning Australia' and 'Children of the Dragon'. She was also the subject of a television documentary 'The Ties that Bind' in which she and her mother traveled to China in search of their roots.

Cindy has been a trustee

on the Board of the Australian Museum since 2002 and an Ausaid ambassador. She has been the official ambassador for Chinese New Year for the City of Sydney since 2000. Cindy is a patron for the Bonnie Babes Foundation (perinatal medical research and miscarriage, stillbirth, premature birth or infertility support services), Heartkids Australia (support, advocacy and research for babies and children with heart disease), the National Breast Cancer Foundation and the BCNA (Breast Cancer Network Australia).

Member Profile – Dr Harry Leung



Dr Harry Leung graduated in Medicine with First Class Honours at the University of Sydney. He completed Ophthalmology training at Sydney Eye Hospital and underwent further sub-specialty fellowship training in Paediatric Ophthalmology and strabismus surgery for two years in the UK.

His fellowships were at Moorfields Eye Hospital, Great Ormond Street Hospital for Children and Cheltenham General Hospital. He received dual scholarships from Sydney Eye Hospital Alumni Association and the Royal Australian and New Zealand College of Ophthalmologists (RANZCO).

Dr Leung provides a wide range of Paediatric Ophthalmology services from common conditions like amblyopia, strabismus and watery eyes to rare conditions such as paediatric cataract, inherited eye diseases and developmental

disorders.

Besides paediatric ophthalmology, he has expertise in adult strabismus including adjustable strabismus surgery and the use of botulinum toxin. His practice also includes cataract surgery, glaucoma, and retinal conditions.

He has published in many peer-reviewed ophthalmic journals and has completed a Master of Medicine research degree in Ophthalmic Epidemiology at the University of Sydney. His current research interests are retinal haemorrhage in children

and strabismus treatment in patients with bilateral poor vision.

Dr Leung has an interest in Ophthalmology in developing countries. He has been part of many outreach teams that deliver ophthalmic care to underprivileged residents in rural China.

Dr Leung is fluent in Cantonese and Mandarin. He enjoys traveling with his wife and their two young children.

<http://www.southernophthalmology.com.au>

Young ACMA – Finance matters for young doctors

The Young ACMA committee delivered a series of careers and finance information seminars at the Crystal Palace Restaurant in Strathfield last August.

It was a successful event, covering many topics, including taxation, financial planning, setting up practice and loan and

financing options for young doctors.

We have also arranged for a Question & Answer sections with our sponsors on 24th September 2010. This would be a perfect opportunity for members and visitors to address some of the specific queries closer to heart.



Congratulations! We're No 1!

The ACMA Community Health program on **Radio Station 2AC** is now one of the highest rating programs for that station. The popularity of the program attests to the success of the ACMA outreach programme.

The ACMA Community Health Chairperson, Dr Stephen Li, invites ACMA members and others to be the guest speaker on air to share your medical knowledge with our radio listeners, and to answer callers' questions (this is optional depending on your personal preference).

Congratulations to **Stephen Li** and the Community Health Subcommittee.

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Each Newsletter and Pictures of the events featured are published on the web.

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